

SARASWATHI INSTITUTE OF MEDICAL SCIENCES, HAPUR
Foundation course TIME TABLE BATCH 2023

Day	competency no.	9 AM -10 AM	mode	competency no.	10 AM - 12 Noon	mode	competency no.	12 Noon 1 PM	mode	1 PM-2 PM	competency no.	2 PM -4 PM	mode	competency no.	4 PM-5 PM	mode	competency no.	5 PM - 6 PM	
Day-1		Dean Address MBBS Program		FC 1.4	Rules & regulations of the institute				Lecture		FC 1.5 orientation to institution, campus, administrative structure and departments								
Day-2											FC4.12	Understand the concept of group learning & group dynamics	Small Group Discussion	FC 4.14	Understanding different methods of SDL (Small group discussion)				
Day-3																		Extracurricular	
Day-4																		Sports	
Day-5				FC 1.1	Role of doctor in society	Panel Discussion								FC 1.2 Roles of IMG (small group discussion)					
Day-6														FC 1.7 MBBS curriculum (interactive lecture)					
Day-7																			
Day-8				FC 1.6	Career Pathways	Panel discussion											FC 5.4	Computer skills - Basics	
Day-9																	FC 5.2, 5.3	English/ Local Language (Hindi)	
Day-10																		Extracurricular	
Day-11																		Sports	
Day-12														FC 1.10	History of medicine				
Day-13														FC 1.10	Alternate health systems				
Day-14																			
Day-15					History of pandemics	lecture											FC 5.2, 5.3	English/ Local Language (Hindi)	
Day-16																	FC 5.4	Computer skills - Basics	

Day-17																		Extracurricular
Day-18																		Sports
Day-19																		
Day-20																		
Day-21																		
Day-22																	FC 5.2, 5.3	English/ Local Language (Hindi)
Day-23																	FC 5.4	Computer skills - Basics
Day-24																		
Day-25																		
Day-26																		
Day-27																		
	competency no.	9 AM -10 AM	mode	competency no.	10 AM - 12 Noon	mode	competency no.	12 Noon 1 PM	mode	1 PM-2 PM	competency no.	2 PM -4 PM	mode	competency no.	4 PM-5 PM	mode	competency no.	5 PM-6 PM
Day-28	FC 2.1, 2.2 BLS training/ First aid (Batch wise) (video based and hands on mannequin)											BLS training/ First aid					FC 5.2, 5.3	English/ Local Language (Hindi)
Day-29																	FC 5.4	Computer skills - Basics
Day-30	FC 2.1, 2.2 BLS training/ First aid (Batch wise) (video based and hands on mannequin)											BLS training/ First aid						Extra Curricular activities
Day-31																		Sports
Day-32																		
Day-33																		
Day-34				FC 2.3	Biosafety and universal precautions	Interactive lecture											FC 5.2, 5.3	English/ Local Language (Hindi)
Day-35																	FC 5.4	Computer skills - Basics
Day-36																		Extra Curricular activities
Day-37																		
Day-38																		

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FC 1.3 Expectation of the students from nation, society,

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FC 1.8 understand the role of physician in various health

FC 1.9 principles of family practices (interactive lecture)

FC 2.1, 2.2 BLS/ First Aid Assessment + Feedback

FC 2.1, 2.2 BLS/ First Aid Assessment + Feedback

FC 2.4 handling and safe disposal of biohazards (Video)

FC 2.5 Proper hand washing and use of PPE (hands on

Day-56									
Day-57									
Day-58				FC 3.3, 3.5, 3.6	Understand health care systems	Group discussion			
Day-59									
Day-60									
Day-61									
Day-62									
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Day-71									
Day-72									

								FC 5.2, 5.3	English/ Local Language (Hindi)
								FC 5.5	Computer skills - Assessing online content
									Extracurricular activities
									Sports
									Personal grooming
								FC 5.1 Attitude & communication (small group discussion)	
								FC 5.2, 5.3	English/ Local Language (Hindi)
								FC 5.5	Computer skills - Assessing online content
									Sports
								FC 3.1	Medicolegal issues: Introduction
								FC 3.1 Medicolegal issues: case scenarios	
								FC 5.2, 5.3	English/ Local Language (Hindi)
								FC 5.5	Computer skills - Assessing online content
									Sports
								FC 4.6 Understand and respect	
	FC 4.7	Stress management	Small Group Discussion	FC 4.8 Role of yoga & meditation in personal health (DOAP)					
								FC 5.2, 5.3	English/ Local Language (Hindi)

Day-87									
Day-88									
Day-89									
Day-90									
Day-91									
Day-92									
Day-93									
Day-94									
Day-95									
Day-96	Disability competencies 4.5.1 to 4.5.8								
Day-97									
Day-98				FC 4.13	Comprehend the learning pedagogy and its role in learning	group activity			

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									g online content
								FC 5.2, 5.3	English/ Local Language (Hindi)
								FC 4.4 Working in a health care team (Group activity)	
								FC 5.2, 5.3	English/ Local Language (Hindi)
								FC 5.5	Computer skills - Assessing online content
								FC 4.10 Understand the importance of interpersonal	
								FC 5.2, 5.3	English/ Local Language (Hindi)
								FC 4.11	Role of mentoring
								FC 5.5	Computer skills - Assessing online content
								FC 5.2, 5.3	English/ Local Language (Hindi)
								Disability competencies 4.5.1 to 4.5.8	
								FC 5.5	Computer skills - Assessing online content
								FC 5.2, 5.3	English/ Local Language (Hindi)
								FC 4.15 Understand collaborative learning (Small group discussion)	

				skills											
Day-99										FC 5.1	Attitude & Communication				
Day-100	White Coat ceremony														

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DOAP
small group teaching
lecture
group discussion
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DOAP

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Hospital visit